Helping Interpersonal Relationships

CATHOLIC UNIVERSITY OF KOREA

Course Syllabus

2014학년도 제2학기

Course Title	Korean	인간관계훈련실습			
	English	Helping Interpersonal Relationships			
Course Number-Division	04528-01	Course Completion Requirement	제1전공선택	Time/Credits	3/3
Day / Time	화2~3(M213), 목 3(M213)	Course Target Audience	심리학전공	Prerequisite Courses	
Professor	Full Name	Office	Phone Number	E-MAIL	
	유금란	T407	4271	kyu@catholic.ac.kr	
Web Site			English Class		

1.Course Outline

A study of the interpersonal skills important to improving human relationships. The attainment of effective human relations skills will be emphasized.
이 과목은 인간관계를 향상시키기 위한 중요한 대인관계 기술에 관한 수업입니다. 효과적인 인간관계 기술을 습득하는 것을 강조합니다. (100% 영어강의 과목입니다)

2. Objectives

The purpose of this course is to provide an opportunity for the student to gain knowledge and skills appropriate to improving the interpersonal climate between themselves and others. The interpersonal skills appropriate to creating positive human relationships will be discussed, demonstrated, and practiced to assist them in developing effective positive and motivating interactions with others.

이 과목의 목적은 학생들에게 그들 자신과 다른 사람들 사이의 관계형성을 향상시키기 위한 지식과 기술을 얻도록 기회를 제공해주는 것입니다. 긍정적인 인간관계를 형성하기 위한 대인관계 기술이 논의되고 실습을 통해 효과적인 긍정적 상호작용을 돕는데 목적이 있습니다.

3. Teaching Method

Lecture, discussion, group activities and presentations
강의, 토론, 집단활동, 발표

4. Evaluation Method

1. Midterm Exam	20points
2. Getting to Know You	10points
3. Mission Statement	20points
4. Provocations (2 @ 30pts each)	20points
5. Final Exam	30points
TOTAL	100 points

** Please note that there are not many points in this class. Therefore every point matters and can have a significant impact on your grade.

5. Assignments

1. Getting to Know You Assignment (10 points) ? See Appendix A for complete description and rubric. Each student is required to complete and then discuss the results of two online assessments at the following websites and print out the results from EACH questionnaire:
? Each student must complete two personal assessments:
?
a) Learning Style Assessment:
http://www.vark-learn.com/english/index.asp (Click on "Questionnaire")

b) Jung Typology Assessment:
http://www.humanmetrics.com/cgi-win/JTypes2.asp

2. Mission Statement (20 points) ? See Appendix B for complete description and rubric. You will design a creative project OR write a 2-3 page paper "personal constitution" of values, beliefs,

and cultural/ethnic influences that you believe will impact your career in the helping profession.

3. Provocations (20 points total) ? Two times throughout semester: See Appendix C for rubric and calendar for schedule. You will have 2 provocations exercises which help you explore your beliefs, values, preferences, thoughts, feelings, and experiences related to various topics. You will be given a handout with thought provoking quotes, stories, and questions. You will need to write in essay format about your thoughts, feelings, and experiences related to each topic and respond to all questions on the handout. (2 pages minimum per provocation). Approximately one week after you turn in your paper, you are to come to class prepared to discuss this topic on the assigned date. All provocation papers will be due the same day, only your assigned discussion day will vary. Each paper will be worth 10 points, and each in-class discussion worth 20 points. Specific provocations will be provided in a handout.

6. Experiment, Practical Exercise

7. Related Courses

8. Textbook

Book Title	Publisher	Author	Year	Textbook or not
Human relations Development	Allyn and Bacon	Gazda, Balzer, dChilders, Nealy, Phelps, & Walters	2005	교재

9. Detailed Weekly Activities

Week	Date	Lecture Content	Reference Material	Remarks
1	2014-09-01 ~ 2014-09-07	Introduction, Get to know activities		
2	2014-09-08 ~ 2014-09-14	Human Relations Model and Perceiving		
3	2014-09-15 ~ 2014-09-21	Perceiving Presentation		Misstion Statement
4	2014-09-22 ~ 2014-09-28	Presentation, Attending		Mission Statement, Provocation1
5	2014-09-29 ~ 2014-10-05	Attending, Verbal Villains		
6	2014-10-06 ~ 2014-10-12	Provocation Discussion		Provocation 1 Due
7	2014-10-13 ~ 2014-10-19	Empathy/Respect/Warmth		
8	2014-10-20 ~ 2014-10-26	Empathy Refined, State one skills review		
9	2014-10-27 ~ 2014-11-02	Multiculturalism		
10	2014-11-03 ~ 2014-11-09			
11	2014-11-10 ~ 2014-11-16	Concreteness		

Week	Date	Lecture Content	Reference Material	Remarks
12	2014-11-17 ~ 2014-11-23	Genuiness and Self-disclosure		
13	2014-11-24 ~ 2014-11-30	Provocation Discussion		Provocation2 Due
14	2014-12-01 ~ 2014-12-07	Confrontation/Immediacy		
15	2014-12-08 ~ 2014-12-14	Stage 3 Introduction. Review for final/Catch-up		
16	2014-12-15 ~ 2014-12-21	Final		